

Behavior Bingo

Logical Consequences	No Reward	Catch Being Good	Rearrange Environment	Time Out (one minute per year of age)
Get more information	Reinforce Zero rate of misbehavior	Teach Social Skills	Logical Consequences	Listen
Model Desired Behavior	Redirect	FREE SPACE	Catch Being Good	What would you do?
Take a deep breath and count to ten	Mediate	Rearrange Environment	Listen/ Ask open ended questions	Call a friend
Time Out	Call the TALKLINE	Teach Social Skills	Natural Consequences	Call Child Crisis

Behavior Bingo

Listen	Logical Consequences	Redirect	Call Parent	Suspend from school
Scold	Teach Social skills	Time Out	Reinforce zero rate of misbehavior	Scold
Model Desired Behavior	What you would do	FREE SPACE	Listen	No Reward
Discuss/Teach	Logical Consequences	Call Parent	Go to Administrator	Rearrange space or place
Modify Curriculum	Redirect	Time Out	Catch Being Good	Deep Breath

Behavior Bingo

Talk about it	Ignore	Use "I" statements	Talk with a friend	Tell him or her how you feel
What would you do	Tell a parent or teacher	Call 911	Do nothing for right now—think about it a while	Write in your journal
Stand up for yourself	Work off your anger with exercise	FREE SPACE	Consider options	Talk about it with a friend
Choose among various possibilities	Take a deep breath And get in touch with how you feel	Think about strategy	Walk away	Ask yourself: What was my Part in this
Write a letter	Wait a day and see how you feel tomorrow	Don't play with the person for a while	Look for new playmates/friends	Spend time with yourself